



Rehabilitation Services

Three expert working groups including clinicians and consumers from across the state have recommended a range of changes to the way rehabilitation services are delivered to ensure you receive the best care, first time, every time.

This Consumer Guide outlines the level of care you can expect to receive when accessing rehabilitation services in South Australia, following the implementation of these improvements.

Rehabilitation will begin as soon as you are ready

Best practice indicates that patients have better outcomes if they start rehabilitation as soon as they are ready. Rehabilitation services will be integrated into major hospitals so that you can begin rehabilitation sooner and get home quicker.

Rehabilitation will be provided in the most appropriate setting

A new statewide referral process will ensure you are directed to the most appropriate rehabilitation setting in a timely manner. Wherever possible, you will be offered rehabilitation in your own home.

You will receive consistent rehabilitation treatment

Processes, principles and standards will be standardised to ensure you receive consistent quality care, regardless of where you live. These improvements will ensure services are more efficient and enable more effective rehabilitation treatment following illness and injury, including stroke, hip fracture, brain injury and amputation.

You will have more access to rehabilitation

There will be an increase in rehabilitation services provided in the home (Home Rehabilitation), in hospital outpatient areas (Day Rehabilitation), and services delivered via tele-rehabilitation. Increasing tele-rehabilitation services will help more people from rural areas to access specialist rehabilitation therapists and doctors in their own homes.

A Recovery Unit will be established

People under 65 years of age who do not require intensive inpatient rehabilitation but are not suitable for ambulatory care (for example, people who are waiting for home modifications and support services) may be best serviced in a newly established Recovery Unit. The location and capacity of the Recovery Unit will be determined during implementation planning.

For more information

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