

# Delivering Transforming Health

## Next Steps:

# Hampstead Rehabilitation Centre and St Margaret's Rehabilitation Hospital

Ensuring patients receive the right care, first time, every time is central to Transforming Health. Rehabilitation is most effective when it starts as soon as the patient is ready. If the patient's condition deteriorates or if they have a chronic disease, they need acute care quickly. Locating rehabilitation services with acute care puts the needs of the patient first.

Transforming Health is the beginning of the conversation, and system and service changes will only occur once enough capacity has been created in our hospitals. As we work to decide the models of care that will best serve our goal of truly patient-centred care, consultation will continue with clinicians, staff and the unions that represent them.

### Integrated rehabilitation

- > Rehabilitation services will be moved and realigned with acute services so that patient rehabilitation can start sooner and hospital stays can be reduced by as much as 30 percent.
- > Relocating rehabilitation services to acute hospital settings also reduces the need for patient transfers.

### St Margaret's Rehabilitation Hospital

- > Transforming Health does not affect the existing changes to services that have already moved from St Margaret's Rehabilitation Hospital to Hampstead Rehabilitation Centre.

### Hampstead Rehabilitation Centre

- > Rehabilitation services provided at Hampstead Rehabilitation Centre will be transferred to acute hospitals, where patients will also receive their medical treatment.
- > The Royal Adelaide Hospital will provide acute rehabilitation services for spinal patients and brain injury, including stroke.
- > The Queen Elizabeth Hospital will be the centre for rehabilitation for brain injury (including stroke) and spinal patients, following acute rehabilitation at the Royal Adelaide Hospital.

### Future use of the sites

- > Under Transforming Health, programs like wheelchair basketball and services like the hydrotherapy pool will continue to be provided at Hampstead Rehabilitation Centre
- > Discussions will take place with the community and other users of the Hampstead Rehabilitation Centre to determine the most appropriate future use of the site.
- > St Margaret's Rehabilitation Hospital is a dedicated community asset and will continue to have a health focus.

## What is the timeline for implementation?

Implementation of the main changes will take effect between 2014/15 and 2018/2019. Beyond this, Transforming Health will be a journey of continuous improvement applied across the healthcare system.

The first priority is to improve patient access and flow, which will create capacity in our system. This is a precursor to many service changes which will only occur once enough capacity has been created.

Targeted, site-specific implementation plans will be developed and will align with existing works and programs, such as the opening of the new Royal Adelaide Hospital, the upgrade of the Flinders Medical Centre neonatal unit and mental health reforms.

## How will staff be involved?

Given the scope and degree of changes required, ongoing engagement with staff, unions, consumers and industry partners is a priority to ensure the changes meet the identified Clinical Standards and reflect the views of all affected groups.

SA Health is committed to ongoing employee engagement and consultation. A formal Employee and Union Engagement and Consultation Strategy will be developed to support this, in collaboration with unions, which details our commitment, and how this translates in practice.

## Where do I go for more information?

You can access the Deliver Transforming Health – Our Next Steps paper on the Transforming Health website at [www.transforminghealth.sa.gov.au](http://www.transforminghealth.sa.gov.au).

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## For more information

**Email:** [transforminghealth@health.sa.gov.au](mailto:transforminghealth@health.sa.gov.au)

**Visit:** [www.transforminghealth.sa.gov.au](http://www.transforminghealth.sa.gov.au)

**Free call:** 1800 557 004



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